

CHAMPION LACROSSE

www.championlacrosse.com

Champion Lacrosse is a premiere lacrosse experience on the stadium turf at Seaholm High School. Our philosophy is to create an unparalleled lacrosse program that includes top instruction on an outstanding field in an environment of positive-reinforcement. We want each participant to have a great time building friendships, lacrosse skills and a passion for the game. We have a very strong track record helping youngsters build self-confidence while having a blast in our programs. This is the perfect time to join!



Instructional Classes

The Instructional Classes are for boys and girls who are 5 years old and up. No prior lacrosse experience is necessary. This program will introduce beginning students to the game and advance intermediate students to the next level. All participants will receive a **free lacrosse stick** on the first day. We will focus on having fun, learning basic skills, and instilling a love for the game. Players will be divided by ability and assigned to weekly groups with their friends. There is one class for Kindergarten through 2nd graders and one for 3rd grade and up on Tuesdays or Wednesdays. (Grade level is determined by class in the fall of '03)

Cost: \$150

Grades K-2 (in Fall '03)

Tuesday K-2 (Kindergarten through 2nd Grade)

Dates: Jun 10 – August 5 (no class on 7/1)

Time: 5:30 – 6:30 PM

Wednesday K-2 (Kindergarten through 2nd Grade)

Dates: Jun 11 – August 6 (no class on 7/2)

Time: 5:30 – 6:30 PM

Grades 3 and Up (in Fall '03)

Tuesday 3rd & Up (3rd through 12th Grade)

Dates: Jun 10 – August 5 (no class on 7/1)

Time: 6:30 – 7:30 PM

Wednesday 3rd & Up (3rd through 12th Grade)

Dates: Jun 11 – August 6 (no class on 7/2)

Time: 5:30 – 6:30 PM

Instructional League

The Instructional League is open to players who have completed a Champion Lacrosse Instructional Class (Summer '02, Fall '02, or Winter/Silverdome '02-03). There is one game each week, and there are 3 levels. All instructional league games are on Wednesdays. All players will receive a **free lacrosse stick** on the first day. Three simultaneous games will be played each week. Several teachers will coach on the field to provide continued instruction and support during the game. These instructional games are similar to the ones played during the game-play station of the instructional class (except these game are one hour in duration).

Cost: \$150

Wednesday Dates and Times

All three programs run simultaneously.

Dates: Jun 11 – August 6 (no class on 7/2)

Time: 6:30 – 7:30 PM

Non-Equipment Instructional League

This program is for boys and girls who will use their lacrosse stick and a soft ball – no additional equipment is required.

Full Equipment Instructional League

This program is for boys with full equipment.

Girls Instructional League

This program is for girls who would like to play games that are more consistent with girls lacrosse rules. (Most participants in this division will be in grades 3 and up.)

Class and League Package

This package program offers the best deal for the summer of 2003. Players participate in one hour of instructional class (selected from the Tues, Wed K-2 or 3-Up programs) as well as one hour of league play for a total of 2 hours per week. Note that this option is open to students who have already completed at least one Champion Lacrosse instructional class.

Cost: \$210

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Free Lacrosse Stick



All participants receive a free lacrosse stick on the first day.



Director of Instruction

Aaron Frank is the director of the program. Coach Frank has 12 years of varsity coaching experience. He has taught hundreds of students how to play lacrosse, and dozens have gone on to become college players. His credits include:

- 12 Season Head Coach of Birmingham Lacrosse.
- Athletic Director, Seaholm High School
- US Lacrosse Century Club
- Past president of the Michigan Scholastic Lacrosse Association.
- 1993, 1997 US Lacrosse Coaches Assn. Coach of the Year for Michigan.
- 1998 Michigan High School Coaches Assn. Lacrosse Coach of the Year.
- 2000 Michigan Scholastic Lacrosse Association Class A Coach of the Year.
- 2002 MSLA Division 1 Coach of the Year.
- 2002 Midwest Scholastic Lacrosse Association Coach of the Year.
- 2002 US Lacrosse Coach of the Year for Michigan.
- 2002 State Champion.



Complete this entire form. **Please print clearly.**

Name _____ Student Email _____

Parent Email 1 _____ Parent Email 2 _____

Address _____ City _____ Zip _____ Phone (____) _____

Birth Date ____/____/____ Grade Next Fall _____ School Next Fall _____

Year of High School Graduation _____ (12=2004, 11=2005, 10=2006, 9=2007, 8=2008, 7=2009, 6=2010, 5=2011, 4=2012, 3=2013, 2=2014, 1=2015, K=2016)

Please select a program. If you are enrolling in Class and League Package, please select the appropriate class as well.

- Tuesday K-2 Instructional Class
- Tuesday 3 and Up Instructional Class
- Wednesday K-2 Instructional Class
- Wednesday 3 and Up Instructional Class
- League (Wednesday)
- Class and League Package (Don't forget to choose the appropriate class above also)

Payment: Please make checks payable to "Champion Lacrosse."

Instructional Class (and a stick).....	\$150
League (and a stick).....	\$150
Class and League Package (and a stick).....	\$210

Please check our web site for updates: www.championlacrosse.com We will communicate via email, so please make certain that the email address you have provided is accurate.

Your completed form and check payable to "Champion Lacrosse" are accepted on a first-come, first-served basis. Mail this form to Champion Lacrosse 30800 Telegraph, Suite 3833. Bingham Farms, MI 48025